



COACHING SERIES EVALUATION

This form will assist me to understand how you found our coaching session.

Please complete this form and email it to me at poyntonk@iinet.net.au

Coachee Name :

Date:

Coaching from

to

When I began participating in coaching I had clear goals for my participation	1	2	3	4	5	6	7	8
	Strongly Disagree		Disagree		Agree		Strongly Agree	
The coaching sessions helped me to understand what I needed to change/ do differently	1	2	3	4	5	6	7	8
	Strongly Disagree		Disagree		Agree		Strongly Agree	
My coaching sessions gave me the confidence and skill I needed to do things that were important to achieving my goals and those of the organisation	1	2	3	4	5	6	7	8
	Strongly Disagree		Disagree		Agree		Strongly Agree	
I have learned some things from this process that I am already using with my direct reports	1	2	3	4	5	6	7	8
	Strongly Disagree		Disagree		Agree		Strongly Agree	
My manager was supportive of my participation in the coaching process	1	2	3	4	5	6	7	8
	Strongly Disagree		Disagree		Agree		Strongly Agree	
I would recommend my coach to others	1	2	3	4	5	6	7	8
	Strongly Disagree		Disagree		Agree		Strongly Agree	

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Please look at the following statements and rate accordingly.

Coaching had a positive impact upon my:

Communication and collaboration with others	1	2	3	4	5	6	7	8
	Strongly Disagree		Disagree		Agree		Strongly Agree	
Work with my peers	1	2	3	4	5	6	7	8
	Strongly Disagree		Disagree		Agree		Strongly Agree	
Working relationship with my boss	1	2	3	4	5	6	7	8
	Strongly Disagree		Disagree		Agree		Strongly Agree	
Looking at business situations	1	2	3	4	5	6	7	8
	Strongly Disagree		Disagree		Agree		Strongly Agree	
Confidence and impact on others	1	2	3	4	5	6	7	8
	Strongly Disagree		Disagree		Agree		Strongly Agree	
Personal effectiveness	1	2	3	4	5	6	7	8
	Strongly Disagree		Disagree		Agree		Strongly Agree	
Leadership	1	2	3	4	5	6	7	8
	Strongly Disagree		Disagree		Agree		Strongly Agree	
Focus and decision making	1	2	3	4	5	6	7	8
	Strongly Disagree		Disagree		Agree		Strongly Agree	
Managing pressure	1	2	3	4	5	6	7	8
	Strongly Disagree		Disagree		Agree		Strongly Agree	
How I feel about my work	1	2	3	4	5	6	7	8
	Strongly Disagree		Disagree		Agree		Strongly Agree	

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What aspects of your coaching experience have created the most value for you?

What have you been most able to apply to your day to day work outside the coaching sessions?

Any final comments you would like to make about your coaching experience or the potential further use of executive coaching in the organisation?

Overall, the positive impact that the coaching sessions have had on my own and the organisation's goals has been:

1	2	3	4	5	6	7	8	9	10
Very low		Low		Somewhat		High		Very High	

Thank you for taking the time to complete this evaluation